Gayatri mantra is one of the most popular and powerful mantra used in India and all around the world for worship, mediation and yoga.

Goddess Gayatri is also called “Veda-Mata” or the Mother of the Vedas – Rig, Yajur, Saam and Atharva – because it is the very basis of the Vedas. It was written in Sanskrit about 2500 to 3500 years ago and the mantra may have been chanted for many centuries before that.

By Gayatri mantra chanting, keeping it in your mind and heart, your life will be full of happiness. Gayatri word has its origin in the Sanskrit phrase Gayantam Triyate iti, and refers to that mantra which rescues the chanter from all adverse situations that may lead to mortality.

**Gayatri mantra in English:**

“OM BUHR, BHUVA, SWAHA  
OM TAT SAVITUR VARENYAM  
BHARGO DEVASYA DHEEMAHI  
DHIYO YONAH PRACHODAYAT”

**Gayatri mantra in Sanskrit:**

गायत्री मंत्र  
ॐ भूभुर्वः स्वः ।  
तत्सृिवतुवर्रे॑ (तत्सृिवतुवर्रे॑) ।  
भ॒गोर्॑ दे वस्य॑ धीमिह ।  
िधयो॒ यो नः प्रचोदयांत् ॥

**Gayatri mantra meaning in English**

On the absolute reality and its planes,  
On that finest spiritual light,  
We meditate, as remover of obstacles  
That it may inspire and enlighten us.

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